



# BASHFUL BANANA BAKERY & CAFE

Healthy Gourmet Food with Appeal

## ENTREE MENU

946 Boardwalk (located on Ocean Colony Walk)

Ocean City, NJ 609 398 9677

[www.bashfulbananacafe.com](http://www.bashfulbananacafe.com)

### Entree Bowls

**Chicken Bruschetta \$13.95 or Shrimp Bruschetta \$14.95** Chicken or Shrimp sautéed with zucchini and our homemade bruschetta served on a bed of brown rice or spaghetti with freshly grated parmesan cheese. (GF) Vegan option sub tofu for chicken no cheese (Veg).

**Sweet Sweet Turkey Meatballs \$13.95** Three homemade turkey meatballs simmered in a sweet orange pineapple sauce with peppers, onions and broccoli on a bed of brown rice.

**Peanut Noodles \$13.95** Your choice of tofu or chicken sautéed with our homemade peanut Thai sauce with peppers, onions, broccoli, edamame and carrots tossed with noodles. (sub GF Pasta \$1.00 GF) (sub tofu Veg).

**Balsamic Chicken \$14.95** Tender chicken sautéed with peppers, broccoli, raisins & almonds in a rich balsamic sauce served with brown rice. (GF) ( sub tofu for chicken vgt, veg).

**Vegetarian Paella \$13.95** Peppers, onion, squash, mushrooms, carrots, tomatoes, chick peas, broccoli, garlic & edamame sautéed in a white wine sauce with turmeric, paprika and brown rice. (GF, Veg)

**Spanish Paella \$15.95** Shrimp, scallops, chicken, peppers, onions, mushrooms, carrots, tomatoes, chick peas, broccoli, edamame & garlic sautéed in a white wine sauce with turmeric, paprika and brown rice. (GF)

**Orange Cranberry Walnut Chicken \$14.95 or with Shrimp \$15.95** Your choice of chicken breast or shrimp sautéed with our orange pineapple sauce, cranberries, walnuts, peppers & broccoli served with brown rice (GF) (substitute tofu for chicken veg, vgt).

**Spicy Vegan Orange Tofu \$13.95** Tofu sautéed with peppers, red onion, broccoli, edamame with a spicy orange pineapple sauce served with brown rice. (GF,Veg).