



BASHFUL BANANA BAKERY & CAFÉ

Healthy Gourmet Food with Appeal

WHIP, SMOOTHIE, JUICE MENU

946 BOARDWALK (located on Ocean Colony Walk) Ocean City, NJ
609 398 9677 www.Bashfulbananacafe.com

This is proof you do not have to sacrifice great taste for Healthy Fare! **Sharing charge .50 when you need an extra Cup.**

What is Banana Whip? Bananas that are ripened to just the right sweetness, individually frozen and processed in our juicer, the result is a creamy all fruit frozen custard. (Gluten Free and Vegan) Our bananas do not have additional sweeteners or preservatives. This cannot be made without Bananas. *YES IT IS JUST BANANAS!*

OUR FAMOUS BANANA WHIP

Small \$5.10 Large \$5.99 Kiddie \$4.49

Add a flavor to your whip .56 addition of frozen fruit to the frozen bananas: choice of strawberry, blueberry, peach, pineapple, raspberry, mango.

Add a topping .56 or 3 for \$1.50 choice includes: strawberries, blueberries, raspberries, non dairy chocolate chips (organic, vegan and gluten free), coconut, walnuts, almonds, peanut butter chips, flax seed, chia seeds, pumpkin seeds, cheerios, granola (organic), pretzel pieces, raisins, peanut butter sauce whipped topping or the Famous All Fruit Fudge Sauce (vegan and gluten free).

Our Special Creations- cannot be modified.

BANANA WHIP SPLIT \$7.95

Banana Whip topped with strawberries, Blueberries, slivered almonds & then All fruit hot fudge & whipped topping.

FRUIT CUP WHIP \$7.95

Freshly cut fruit topped with banana whip and granola.

HEAVEN ON EARTH \$6.60

A homemade brownie topped with Banana whip and all fruit fudge sauce. Gluten free option available for \$1.00

SUNDAE WHIP \$6.60

Banana whip with all fruit fudge sauce & Topped with nondairy chocolate chips & whipped topping. Kiddie size \$5.99.

NEW! PINA COLADA WHIP \$9.95

Mango whip topped with coconut, pineapple Whip topped with coconut, peach whip topped with coconut and whipped topping in a 16oz cup.

NEW! HEIDI SPECIAL \$6.88

Banana whip topped with peanut butter sauce, fudge sauce, non dairy chocolate chips and whipped topping.

ALL FRUIT PARFAIT \$9.95

Start with strawberry whip & top it with strawberries, next blueberry whip topped with blueberries, raspberry whip topped with raspberries and finally topped with whipped topping, served in a 16oz cup.

UPSIDE DOWN CERAL BOWL \$6.88

Banana whip with choice of Cheerios or granola, topped with strawberries & blueberries. **A fan favorite!**

COCONUT JOY \$6.60

Banana whip with all fruit fudge sauce, coconut & slivered almonds. Make it a kiddie size \$5.99

PEANUT BUTTER CUP \$6.25

Banana whip with Peanut butter And all fruit fudge sauce. Make it a kiddie size \$5.60

NEW! DOUBLE DIP PRETZIL WHIP \$6.88

Peanut butter on the bottom with pretzel pieces then banana whip, fudge sauce, non Dairy chocolate chips and pretzel pieces.